**2025 SWIMMING LESSONS**



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**Session One-June 16, 17, 18 & 19; June 23, 24, 25 & 26**

**Session Two- July 7, 8, 9, & 10; July 14, 15, 16 & 17**

**Levels Offered:**

* **Preschool Aquatics**-(recommended for 1st time swimmers starting at age 4)
* **Level 1,** Introduction to Water Skills
* **Level 2,** Fundamental Aquatic Skills
* **Level 3**, Stroke Development
* **Level 4,** Stroke Improvement
* **Level 5,** Stoke Refinement
* **Level 6**, Fitness Swimmer

**TIMES:**

**\*Preschool: 11:30 AM to Noon**

**\* Level 1: 10:50 AM to 11:20 AM**

**\* Level 2: 10:10 AM to 10:40 AM**

**\* Level 3: 9:30 AM to 10:00 AM**

**\* Level 4: 8:50 AM to 9:20 AM**

**\* Level 5 & 6: 8:10 AM to 8:40 AM**